

or in  
here,  
it's warmth  
you can wear.

3M™ Bair Hugger™ Universal  
Warming Gown made with  
Thinsulate™ Insulation



### Maintaining normal body temperature during surgery is important—this gown can help make a difference.

During anesthesia patients can become hypothermic, which means a core body temperature of less than 36°C<sup>2-5</sup>. This is associated with postoperative discomfort and adverse outcomes. Maintaining a normal body temperature throughout your surgical journey can help improve your outcome.

1. In a clinical trial, all participants found the gown design supported modesty and dignity. N=28. 3M Data on File. EM-05-014890.
2. Young V, Watson M. Prevention of Perioperative Hypothermia in Plastic Surgery. Aesthetic Surgery Journal. 2006;551-571.
3. Sessler DI. Perioperative Heat Balance. Anesth. 2000;92:578-596.
4. Sessler DI. Current concepts: Mild Perioperative Hypothermia. New Engl J Med. 1997;336(24):1730-1737.
5. Sessler DI, Kurz A. Mild Perioperative Hypothermia. Anesthesiology News. Oct 2008: 17-28.

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**3M**  
Bair Hugger™  
Temperature Management



Out  
there...

MADE WITH  
**3M**  
THINSULATE™  
INSULATION

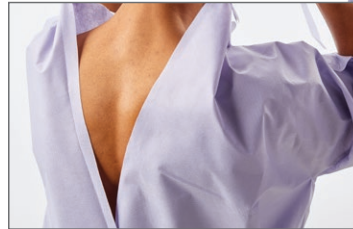
# Wrap yourself in warmth and comfort.

The 3M™ Bair Hugger™ Universal Warming Gown made with Thinsulate™ Insulation is designed to help keep you warm before, during and after surgery.

- ▶ Helps maintain heat
- ▶ Maintaining heat can help reduce unintended hypothermia and help improve recovery
- ▶ Wrap-around style gown provides modesty and body coverage<sup>1</sup>

## Putting your gown on.

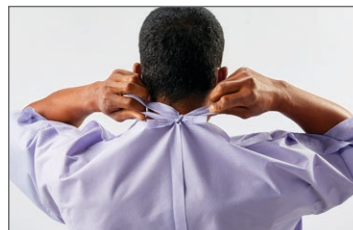
**1 |** Put your arms through the gown so the opening is in the back



**2 |** Tie it loosely on the right side



**3 |** Tie it loosely at the back of your neck



### IMPORTANT INFORMATION:

Patients: It is important that you discuss any potential benefits and risks of a specific therapy with your doctor to decide whether it is right for you. Please consult your treating medical professional regarding specific questions and important information related to the 3M™ Bair Hugger™ Universal Warming Gown made with Thinsulate™ Insulation indications, contraindications, warnings, precautions and operation.

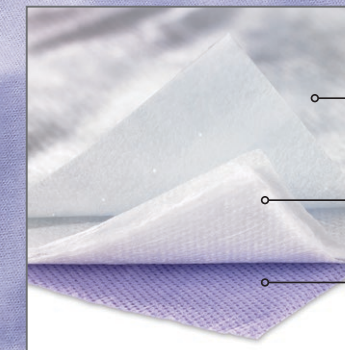
If you have any questions, please reach out to the nursing team.

## 3M™ Thinsulate™ Insulation inside.

The thin and light synthetic insulation technology of 3M™ Thinsulate™ Insulation has been keeping people warm for more than 30 years.



Your gown includes a built-in blanket—please do not remove it.



Warming insert  
(against patient's skin)

3M™ Thinsulate™ Insulation

Gown material (gown shell)