



Prevena Restor™

Postoperative Recovery

Use of 3M™ Prevena Restor™ Adapti•Form™ Incision Management System after an elective breast lift surgery.

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Patient & Diagnosis

A 59-year-old female presented for elective breast lift surgery (**Figure 1**). The patient had a medical history of migraines and rheumatoid arthritis.

Procedure

Cefazolin antibiotic was administered to the patient preoperatively. The breast implant exchange and mastopexy procedure created incisions of approximately 30 cm which were closed with sutures (**Figure 2**).

Application of 3M™ Prevena Restor™ Adapti•Form™ Incision Management System

A Prevena Restor™ Adapti•Form™ Dressing was applied to bolster the incisions and surrounding soft tissue, help hold the surgical incision edges together, and provide a barrier to external contaminants (**Figure 3**). 3M™ Prevena Restor™ Therapy was initiated in the operating room at -125 mmHg for a treatment duration of up to 7 days.



Figure 1. Prior to elective breast lift surgery.



Figure 2. Closed incisions.



Figure 3. 3M™ Prevena Restor™ Adapti•Form™ Incision Management System was applied over closed surgical incisions.

Discharge and Follow-up:

Following recovery from anesthesia, the patient was discharged home. The 3M™ Prevena Restor™ Adapti•Form™ Incision Management System was discontinued after 7 days. The patient stated she felt no pain while wearing the Prevena Restor™ Adapti•Form™ Dressing. When the dressing was removed, minimal soft tissue edema was noted, no seromas were observed, and surgical incisions appeared clean and dry with well-approximated suture lines (Figure 4). No complications were reported during follow-up visits at postoperative days 14 and 30 (Figures 5-6).



Figure 4. Dressing removal on postoperative day 7. A. Right side view immediately after dressing removal; B. Left side view immediately after dressing removal; C. Frontal view of incisions after dressing removal.



Figure 5. Follow-up on postoperative day 14.



Figure 6. Follow-up on postoperative day 30.

Photos courtesy of Anthony N. Dardano, D.O., FACS, Delray Medical Center, Boca Raton, Florida. Dr. Dardano is a paid consultant of 3M. As with any case study, the results and outcomes should not be interpreted as a guarantee or warranty of similar results. Individual results may vary depending on the patient's circumstances and condition.

Note: Specific indications, limitations, contraindications, warnings, precautions and safety information exist for these products and therapies. Please consult a clinician and product instructions for use prior to application. Rx only.



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